

# live happy!

with  
Slimming World

WE MEET  
HERE ...

**FREE**  
menu  
makeover  
guide

join before  
9th January 2016

MONDAYS (FROM  
18<sup>th</sup> JAN)

5.30pm and 7.30pm

Call Faye 07739 186068

TUESDAYS

7pm

Call Paul 07525

056990

*Slimming*  
-WORLD-



visit the website to read Kelsey-Beth's story

[slimmingworld.co.uk](http://slimmingworld.co.uk)

f t i 0344 897 8000

\*More people in the UK choose to attend a Slimming World group each week than any other weight loss group.

touching hearts, changing lives